

### DeSoto County Extension Newsletter

DESOTO COUNTY NOVEMBER-DECEMBER 2024

It's November folks! And December is just around the corner. Where oh where have the past few months gone!??! We'd love to know!

Inside this month's newsletter you will find it packed with information we hope you will find useful in addition to upcoming programs, events and information we feel are hot topics for November & December. PLEASE note the date for our 4-H Shooting Sports Interest Meeting is included. Save this date and attend in January if you want your child to participate this upcoming shooting sports season.

Our office will be closed for the Thanksgiving Holiday November 28 & 29 and again for a winter break December 23-January 1. Sorry for any inconvenience this may cause. As always please let us know if you have questions. We are here to assist you!

Sincerely, The Extension Agent



### Private Applicator TRAINING AND TESTING ONLINE

**\$6**COST

Watch the training modules, pass the exam, and receive your private applicator certification from MDAC Bureau of Plant Industry.

If you use or supervise the use of restricted-use pesticides for agricultural production on your own land, leased land, or your employer's land, you must be certified.

Visit http://msuext.ms/agmes or contact your local MSU Extension office for info on how to register.

roduced by Agricultural Communications. Mississippi State University is an equal opportunity institution. Or disability accommodation, please contact Mississippi Pesticide Salety Education Program at mspsep@ext.msstate.edu.

3260 HIGHWAY 51 S. HERNANDO, MS 38632

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### Mississippi State Fair Recap









































### **LIVESTOCK SHOWS:**

**Beef Cattle Exhibitors:** Weston Ricker, Cheyenne Ricker, Easton Ricker, Grayson Hadley, Kix Ross, Carly Robinson, Chandler McKnight, and Hannah Powell

**Dairy Goat Exhibitors**: Jasidy Gomes, Addilyn Gomes, Zandrew Gomes, Hannah Powell, Londyn Simpson, Nathan Bula, Anthony Bula, Micheal Simpson, Sidney Simpson, Jayden Simpson, Dusti Cox-Osborne, Robert Cox-Osborne, and Willow Cox-Osborne

**Poultry Exhibitors:** Emma Wofford, Annie Rister, Hunter Rule, Truenne Speck, Julie Chamberlin, Dusti Cox-Osborne, and Willow Cox-Osborne

**Rabbit Exhibitors:** Evie Bemis, Hazel Bemis, Lillian Bemis, Jasidy Gomes, Addilyn Gomes, Zandrew Gomes, Fenix Schaafsma, Jan Schaafsma, Olivia Wofford, Emma Wofford, Dusti Cox-Osborne, Robert Cox-Osborne, and Willow Cox-Osborne







### 4-H DAY STATE FAIR

Our 4-Hers had a busu dau during 4-H Day at the State Fair! Congratulations to all!

Robert Cox-Osborne: Sang his own song in Share the Fun Participated in Public Speaking 4th place Team Chopped

Willow Cox-Osborne Cornbread Cook Off- Blue Ribbon Participated in Public Speaking 4th Place Team Chopped Muscadine Jelly-Blue Ribbon

Dusti Cox-Osborne 4th Placed Team Chopped Particpated in Public Speaking Crotched Top-Blue Ribbon





Truenne Speck: Cornbread Cook Off-Blue Ribbon Apron-Blue Ribbon EMBROIDERED PILLOW- Blue Ribbo





### **Brynley Speck:**

Cornbread Cook Off-Blue Ribbon Hand Embroidered Picture of a Rose-Blue Ribbon Bag with Machine Applique and Hand Embroidery- Blue Ribbon





### WE NEEL **FEEDBACK**

Not sure who your Extension Agent is find out here: https://extension. msstate.edu/coun ty-offices





### Custom Rate Survey

The MSU Ag Econ Department is needing help from producers and landowners to see what the custom rates for specific practices such as tillage, planting, baling, harvesting, livestock operations and others across the state.

However, in order to produce this valuable publication the Ag Econ Department needs our help to survey producers to gain insight to the costs they either charge for custom services or producers that incurred a cost for a specific practice that someone did for them.

Scan the QR Code to start your survey or to take you to the surv OLICK HERE

Contact your local MSU - Extension Office for assistance in filling out the survey or acquire a paper survey.









BOLIVAR COUNTY **EXPO BUILDING 601 1ST STREET CLEVELAND, MS 38732** 



**NEED MORE INFORMATION?** 

Check out: https://deltaagexpo.com/or call 662-843-8361





### **DeSoto County 4-H Shooting Sports Program**

Calling all of those that are interested in 4-H Shooting Sports for 2025! Save these dates and attend our Shooting Sports Interest and Safety Meeting!

4-Her & one Parent must attend the Interest and Safety Meeting to shoot with us for the 2025 season. No exceptions!



### **January 14, 2025**

4-H Shooting Sports Interest Meeting and Safety Meeting 6:00 pm



Longview Point Baptist Church 1100 McIngvale Rd, Hernando, MS 38632

All paperwork to sign up will be given at this meeting. You can NOT pick up the paperwork to sign up at our office.

### **February 8, 2025**

### **4-H Shooting Sports Equipment Check**

9am-11am Come and Go anytime during this time frame.

DeSoto County Extension Office
3260 Highway 51 S, Hernando, MS 38632

This is planned for newcomers to meet with coaches and extension agents to review equipment and answer questions prior to practice, but anyone is welcome to attend.



### **February 14, 2025**

### **Paperwork Deadline**



Deadline for ALL paperwork and range fees due to the DeSoto County Extension Office by 5:00 PM

DESOTO COUNTY  \$\tilde{\pi}\$ 4-H SHOOTING  \$\tilde{\pi}\$  \$PORTS PROGRAM  4-H AGE AS OF JANUARY 1, 2025		
DISCIPLINES OFFERED	CATEGORY	AGE REQUIRMENTS
AIR RIFLE	5-METER BB/PELLET 10-METER PELLET	8-13 YEARS OLD 8-18 YEARS OLD
ARCHERY	RECURVE STANDARD COMPOUND BAREBOW COMPOUND BAREBOW UNLIMITED	8-18 YEARS OLD
.22 RIFLE	3– POSITION: KNEELING PRONE STANDING	10-18 YEARS OLD
.22 PISTOL	COMBINATION FIRE	14-18 YEARS OLD
AIR PISTOL	5-METER BB/PELLET 10-METER PELLET	8-13 YEARS OLD 8-18 YEARS OLD
SHOTGUN	CLOVER CLAYS	10-18 YEARS OLD

### Thanksgiving Dinner

The cost of Thanksgiving dinner this year may be higher than ever before, but please don't let this dampen your good spirits and holiday fun. There are many ways to save a dollar or two when preparing holiday meals for family and friends gatherings.

- Shop sales and use the sale flyer to your advantage. It might mean going to multiple stores over the course of a couple of weeks to collect the best deals.
- Consider buying store brands to cut costs.
- Shop in season produce.
- If the price tags of everything stress you out take a step back and evaluate what really matters. Think about your family relationships and refocus.
- Think outside the box. Come up with an alternative dishes or scale back from previous years to save.
- Consider eliminating budget busters, so think about cost saving alternatives like: block cheese vs. pre-shredded, turkey breast vs. whole turkey, canned or frozen vs. fresh.

Do not let the food prices discourage you from having a good time. This year at Thanksgiving when you gather around the dinner table with family and friends, don't forget to give thanks to the hard working producers and farmers for growing our food. We have a food supply that is reliable. It might not be at the price point you want to pay, but we do have an abundance, reliable, and safe food supply that we can count on! Budgets might be tight, inflation is a real issue, but we have the ability to go to the grocery store and purchase food that farmers from Mississippi and across the country grew. Get creative and spend wisely this Thanksgiving. It is our hope the above mentioned tips will help you get Thanksgiving Dinner on the table this year.



If you end up making to much food at your holiday meal then you will have leftovers! Leftovers are powerful, because they can save you time and money. Maximize your leftovers to your benefit.

- 1. Remove meat from carcass or bone and store in a shallow container in the refrigerator or freezer.
- 2. Reheat leftovers to 165 F or until hot and steaming.
- 3. Share leftovers with friends and family who attend your meal(s).
- 4. Throw away food that sets out longer than two hours.
- 5. Label and date leftovers and use within 3-4 days or freeze.
- 6. Get creative and turn leftovers into a creative meal. For example use the recipe below for inspiration. Use leftover turkey to build your own ramen.
- 7. Layer leftovers in a casserole dish to create a unique casserole. For example turkey, stuffing, mashed potatoes, vegetables and gravy. Or two cups of leftover turkey with 2 cups cooked rice, 1 can chicken broth and chopped vegetables.
- 8. Create tacos, burritos and enchiladas with leftover meat to create tex-mex dishes

### **Build Your Own Ramen**

1 package ramen noodles (any flavor) 2 cups water

1 can (5 ounces) chicken or tuna

1 cup mixed vegetables or a vegetable of your choice

Seasoning of your choice (garlic powder, onion powder, Italian seasoning, lemon pepper, or all-purpose seasoning.)

- 1. Wash hands with warm water and soap, scrubbing for at least 20 seconds.
- 2. Prepare ramen in a microwave (or stovetop) according to package instructions.
- 3. Add chicken or tuna and vegetables and heat for added sugar; 21 g protein; 0% Daily Value 30 seconds to 1 minute in the microwave until heated through. vitamin D; 4% Daily Value calcium; 10% Daily Value potassium
- 4. Note: If using the seasoning packet included in the package, try using only half of the flavor packet and adding your own spices.
- 5. Store leftovers in the refrigerator within 2 hours. build-your-own-ramen/

**Tips**: Avoid food waste by using leftover rotisserie or baked chicken. Make it a family fun night by being in the kitchen together by letting everyone choose what veggies and protein to include.

Makes 1 serving Serving size: 1 ramen bowl

Nutrition facts per serving: 240 calories; 4 g total fat; 1 g saturated fat; 0 g trans fat; 45 mg cholesterol; 710 mg sodium; 31 g total carbohydrate; 3 g fiber; 3 g total sugars; 0 g added sugar; 21 g protein; 0% Daily Value vitamin D; 4% Daily Value calcium; 10% Daily Value iron; 6% Daily Value potassium

### Source:

https://www.planeatmove.com/recipes/recipe/build-your-own-ramen/



Now is the time to treat lawn burweed! If you want to prevent lawn burweed aka "stickers" from becoming a problem in your yard next year now is the time to treat your yard.

This weed starts growing in the fall, but doesn't become a nuisance until it's fully matured in the spring. When temperatures rise, these weeds form prickly spines, or "stickers," which they are more commonly known as.

SO planning ahead NOW and treating them in the fall with a preemergence herbicide is key to eliminating them altogether!

Use preemergence herbicides on your lawn, including dithiopyr, prodiamine, pendimethalin, indaziflam, atrazine, and isoxaben. It's recommended to apply this in October when temperatures are around 70 degrees F.

Let us know if you have questions on this topic.



Need a fun activity? Or want to experiment a little? No matter your age this is FUN! Make a nice warm cup of hot cocoa this holiday season. Stir the hot cocoa so that it is swirling in the mug, and tap the side of the mug. Listen. You should notice the pitch of the sound changes.

Try stirring fast, then tapping. Listen.

Try stirring slow, then tapping. Listen.

The reason the pitch would change is because of the shape of the container it's in, and the speed of sound traveling through liquid inside. Since the mug's shape isn't changing, then the pitch must be changing because of the speed of sound through the hot cocoa!



Here's our best tips for caring for your holiday cacti!

Now is the time to place cacti in a room with cool temperatures (60 to 65 degrees), stop fertilizing, allow the soil to become dry between waterings, and provide 12 hours of uninterrupted darkness every night for 5 to 6 weeks so you cacti will bring for Thanksgiving....or Christmas....or Easter....etc.

- They will bloom if kept in cooler parts of the house, away from heating vents. A coarse soil mix (high humus, sharp sand) that provides drainage is important.
- Keep the soil medium moist, not wet.
- Holiday cacti can easily be overwatered and are susceptible to root rot.
- Once flower buds appear, move the plants to a bright-light location and resume normal watering and fertilizing. Maintain cool temperatures (60 to 70 degrees) to avoid bud drop.
- Cacti are easy to propagate by making cuttings of stem sections. Propagation works best when done in early spring or summer.

The speed of sound through the hot chocolate changing because of the bubbles! Tiny bubbles form on the surface as you stir. The more you stir, the more bubbles get stirred through all of the hot chocolate. Since sound travels slower through air than through liquid, like hot chocolate the bubbles slow down the speed the sound can travel through the hot chocolate. That's why the pitch sounds lower when the hot chocolate is moving, and as the hot chocolate stops swirling around, the bubbles rise back up to the top, making it easier for the sound to travel through the hot chocolate, and making the pitch higher!

So make some music this holiday season...with your hot cocoa.





**EXTENSION** 

### DINING WITH DIABETES

4 Part Series Fridays November 1, 8, 15 & 22

Learn the basics about diabetes

@ 11 a.m.

Make healthier versions of familiar foods

Engaging recipe demonstrations



Learn cooking techniques

Location: Walls Public Library Contact 662-781-3664 to register.





### Holiday Wreaths & Bows

with Lara Angel from the DeSoto County Extension Office

Enjoy a wreath making demo and make a bow to take home!

Thursday, November 7, 2024 \* 10:00 am
\*PLEASE REGISTER\* For more information, call 662-342-0102.

### Southaven Library

#2 Thursday, November 7, 2024 \* 1:00 pm
\*PLEASE REGISTER\* For more information, call 662-895-5900.

### Olive Branch Library



WHEN: MARCH 11TH, 2025 TO APRIL 10TH, 2025 TUESDAY AND THURSDAYS 8:00AM TO 12:00PM

WHERE: DESOTO COUNTY EXTENSION OFFICE 3260 HWY 51S HERNANDO, MS

COST: \$125 PER PERSON

FOR MORE INFORMATION OR ACCOMMODATIONS CALL 662-469-8480

## November

# 2024 December

2024

